

Varsity teams compete in sports as CHS is crowned overall winners

On a day set aside for sports, the University of Nairobi community converged at the sports grounds and competed in various sporting activities.

The eventful day which was held on February 28, 2018, saw students and staff teams compete in football, basketball, netball, volleyball, hockey, handball, scrabble, athletics, swimming, among others. The tug-of-war saw participants out-do each other in terms of muscle and strength. Taekwondo and baseball demos were also conducted to the cheer of the crowd. The day was summed up with the presentation of trophies and medal which saw the College of Health Sciences scoop the highest number of awards included the coveted 'overall winner' award. The second position went to the College of Humanities and Social Sciences, with the College of Biological and Physical Sciences being crowned position 3.

Speaking during the event, Vice-Chancellor, Prof. Peter Mbithi, observed that the University of Nairobi is a power house in academics and sports. The College of Education and External Studies continues to lead in physical education training of teachers. He urged the government and policy makers to put in more efforts to nurturing sports in the country by setting up more sports academies.

The Vice-Chancellor also urged private sector players to support the development of sports in the universities. Prof. Mbithi thanked the sports day corporate sponsors, namely; Tecno Mobile, Infinix, Kwese Television, Kericho Gold, Primewood Limited and the University of Nairobi Alumni Association.

The chief guest, Mr. Haron Komen from the Ministry of Sports called upon institutions of higher learning to establish sports scholarships that will encourage more students to pursue sports as a career as they nurture their talent. He revealed that plans are underway to establish Annual Sports Awards by the government, where sportsmen and women will be celebrated. Mr. Komen was speaking on behalf of the Cabinet Secretary, Sports and National Heritage, Mr. Rashid Mohammed.

Prof. Isaac Mbeche, the Deputy Vice-Chancellor, Student Affairs, noted that the university will continue to partner with many organizations in the country to promote sports.

The highlight of the day was the tug-of-war finals competition for men between staff from Central Administration and the College of Health Sciences in which the Central Administration

team emerged victorious. The theme of was “Enhancing cohesiveness and wellness through sports.”